# DB MONTHLY EXPOSURE





# Employee of the month Written by: Rondi Shea



Mel Rennie started DDB 1/24/2011. He first became a member of the family as a Caretaker for Dusty Mahorney's parents, which lasted for 4years. Mel was at that time moved to DDB3 to help out in the Electrical Department. He was a huge help in that department as well. After about 4-6 months he got promoted to the Quality team, where he is now residing. Mel can be seen inspecting cabinets, dealing with RMA's as they come in, inspecting the haul downs and

lots of computer work.
Also he gets all the
paperwork prepared the
day before a haul down
comes in. He makes serial numbers, prints purchase orders and drawings off to inspect the
cabinets that are coming
in. He is definitely a
huge asset to DDB.

Outside of his job, Mel has been happily married to Brenda for 7yrs. They together have one daughter named Melanie and she has blessed them with 3 wonderful grand children.

Zack is 15yrs old, next is Lily and she is 8yrs old and last but certainly not least they have Brendan which is now 6yrs old. And let's not forget fur babies. Mel and Brenda have 7 cats and 2 dogs. One of the dogs happens to be a wolf, so it's safe to say that they are animal lovers. . He enjoys hanging out at home and relaxing with his wife and animals. All in all Mel is a great person and we want to thank him for all that he does for DDB!!!



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# Quote of the Month

"Everybody is a genius. But if you judge a fish by its ability to climb a tree it will live its whole life believing that it is stupid"

Albert Einstein



















Make sure you know the location of first aid kits so that they are easily found during an emergency

## Know the basics of the Fed Cross first aid procedures, which include:

- 1. Check for responsiveness by tapping on the shoulder and asking, "Are you OK?"
- 2. If not response call 911
- 3. Open the airway by tilting the head and lifting the chin
- 4. Check for breathing for no more than 10 sec, occasional gasps are not breathing.
- 5. Quickly scan for bleeding
- 6. If not breathing, proceed with CPR or use AED (Automatic External Defibrillator)
- 7. If breathing, maintain open airway and monitor change in condiŧion.

### Conscious choking

- 1. Give 5 back blows. . Bend person over at the waist and use heel of hand to hit between shoulder blades.
- 2. Give 5 abdominal thrusts. Place hands in middle of abdomen with thumb against their body above their belly button, with other hand covering your fist and give upward thrusts.
- 3. Continue care.
- 4. If person becomes unconscious call 911 and go to unconscious choking care. -

### External Bleeding

- 1. Cover the wound with sterile dressing.
- 2. Apply direct pressure until bleeding stops.
- 3. Cover the dressing with a bandage.
- 4. Apply more pressure and call 911.
- 5. If bleeding does not stop, apply more dressing and pressure. Also take

steps to minimize shock by laying down, elevating feet, and do not raise the person's head. Shock symptoms include pale skin, weakness, rapid pulse and increased rate or irregular breathing. -

### Burns

- 1. Remove from source of burn.
- 2. Cool the burn under running water until pain is relieved.
- 3. Cover loosely with sterile dressing.
- 4. Call 911. 5. Care for shock. -

### Poisoning

- 1. Be aware of the scene and the injured to know cause of poisoning.
- 2. If person is unconscious, not breathing, or has change in consciousness call 911.
- 3. If person is conscious, call the National Poison Control Center at
- 1-800-222-1222 and follow advice given.



Provided by: Rondi Shea

SY INDOOR CABINET 72"H X 23"W X 25"D PAINTED CREAM LEXAN FRONT DOOR SLAM LATCH DOOR KEY LOCKS 2 SETS 19" RACKING RAILS 2 PERFORATED MOUNTING TRAYS LEVELING FEET 110 VOLT FAN KIT W/THERMOSTAT (F15-115T)

Provided by Rondi Shea





Provided by the Newsletter Team



Monday Sept 7th "Labor Day"



# Farmers Almanac







What

Saturday Sept 12, 2015 9am —— > UNTIL City of Springs Car Show (Downtown Sulphur) Saturday, Sept 26th — Police Officers Car Show and Brick Fest (Pauls Valley )





**Relay Leadership Team informational Meeting!** 

September 15<sup>th</sup> at the Pauls Valley—Senior Center 6:00 p.m.. DINNER WILL BE PROVIDED

Oklahoma State Fair

9-17-2015 \* 9-28-2015 Lot's of Family Fun





DDB Relay for Life

Sept. 19, 2015 -- Volunteers Needed

Wed. Sept. 23rd 1st day of Fall





# Provided by : Terri Watson (HR)

9/30

# Happy Birthday

Marvin Saucer 9/02 9/03 Lester Mahorney Nate Kirtley 9/10 Terri Watson 9/15 Alisha Fletcher 9/18 9/27 Austin Kirtley

Cash Morgan



# <u>Happy Anniversary</u>

Randy Austin 09/08/14 Allidy Weilenman 09/17/14 Day!



## **Gardening and Planting** \*\*Best Days to do what\*\*



6th-7th Plant seedbeds and flower gardens.

Good days for transplanting.

Planting days for fall potatoes, turnips, onions, carrots, beets, and other root crops.

13th-15th Plant flowers, peas, beans, tomatoes, peppers, and other above ground crops

**25th-26th** Favorable for planting above ground crops, vine crops and root crops

### **Best Fishing Days** \*\* Best time of day to get a bite \*\*



Sept. 6th — Morning Sept. 7th — Morning

Sept. 24th — Morning Sept. 25th — Morning Sept. 26th — Morning





# **Best Days for Hair Cut**

**Best time to slow growth** 

1st, 4th, 5th, 8th, 9th, 10th, and 28th

Best time to speed up growth \*\*

16th, 17th, 21st, 22nd, 25th, and 26th



# **Mowing Days**

\* Best time to slow growth



1st thru 12th and the 27th thru 30th

\*\* Best time to speed up growth \*\*

13th thru 26th



# **Stop Smoking Days**

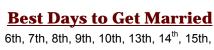
1st, 4th, 5th, 8th, 9th, 10th, 11th, 12th, 27th, 28th, and 29th



# Advertise to Sell Days

2nd, 3rd, 18th, 19th, 20th, 29th, and 30th











Pictures Provided by : Angel Miles

